



## PUSLINCH COMMUNITY NEWSLETTER SEPTEMBER 2018

### Aberfoyle Farmers' Market

The market is open every Saturday all summer long from 8am to 1pm and includes: Local only farmers. Local crafters. Meats, cheese and eggs. Ready to eat food. Live music. Cut flowers and more! Make our quaint local market a weekly tradition. Come be part of our friendly community of farmers, crafters and market lovers. Our open air, covered location is fully accessible and in an easy to find park setting. We are located on the rink surface of the Optimist Recreation Centre and have lots of free parking with an E-vehicle charging station.

### Badenoch Community Centre

**PILATES.** Every Wednesday 9 am and 10am. Pilates/Yoga classes 7pm. For more information call Florence Peer 519-763-9782

### Crieff Hills Retreat and Conference Centre

**BIRD BANDING AND FALL HIKES** at on Saturday September 29 from 8:30am to noon. Come and watch the birds as they are banded and enjoy a hike on our trails. Drop by the picnic shelter anytime during the morning. Crieff Hills is located at Lane 7094 on Concession 1, just west of Knox Crieff Church and The Danish Place. No charge, but donations are appreciated. Bring the whole family!

[www.crieffhills.com](http://www.crieffhills.com)

### Mount Carmel-Zion United Church

**SENIORS' FALL POTLUCK LUNCHEON.** Wednesday, Oct 3, 2018 — NOON (gathering at 11:30 a.m.) Everyone Welcome - Bring a Friend! At the Puslinch Community Centre in Aberfoyle, a fully accessible building with lots of free parking. We are pleased to announce that Sarah Smith will be guest speaker from "Wild Birds Unlimited" and also Gregory Gibson on piano while we gather. RSVP appreciated - so that we can set a chair for you. Call Mary Beth at 519-822-6211 or email [janetc@sentex.net](mailto:janetc@sentex.net)

**HARVEST AND HOLLY BAZAAR & LUNCH.** Come join us, bring a friend, have lunch, and start your Christmas shopping! Lunch, baking, deli, Christmas and handcrafted items available. New this year, Festive Holiday. Creations to compliment your home decor. Sat. Nov.10, 2018, 10:30am-1:00pm. Puslinch Community Centre, Aberfoyle

### Parish Nurse Program at Duff's Church

**SENIORS LUNCH.** October 10th at 11am, Alicia Hamilton from NewLeaf CEA, will talk about their aquaponic farm and produce programme. Lunch to follow, no cost.

**PUSLINCH FITNESS** will resume in September after Labour Day, we met on Mondays at 7:30pm in Nanson Hall for 1hr of mixed exercise with a certified instructor Cassie, first class is free. Come check us out!



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### Puslinch Historical Society

**A PRESENTATION ON THE HISTORIC MILLS OF PUSLINCH.** Tuesday, November 20, 2018 at 7 p.m. At the Puslinch Library

Puslinch Branch Library – Sept/Oct Programmes To register for programmes call 519-763-8026  
**SCRABBLE CLUB (ADULTS)** Join us for an afternoon of casual word building entertainment! No experience necessary. Please register. Wednesdays, September 12 and 26, 2:00 - 4:00 pm  
For Calendar: September 12, 26

**STORY TIME (5 YEARS AND UNDER)** Our Story Times are designed to help your child get ready for reading. Share stories, songs, rhymes, and activities aimed at developing your child's early literacy skills. Parents and caregivers are encouraged to participate. Please register. Thursdays, September 13 - December 13, 11:00 - 11:45 am. For Calendar: September 13, 20, 27

### **THIRD TUESDAY BOOK CLUB (ADULTS)**

Discussing "Birding with Yeats" by Lynn Thomson. Please register. Tues, September 18, 1:30 - 2:30 pm

**TRIVIA CHALLENGE (ADULTS)** Test your memory in a fun and interesting way! Join us for an informal round of trivia challenges. Please register. Wednesday, September 19, 2:00 - 3:00 pm

**LAST THURSDAY BOOK CLUB (ADULTS)** Book to be determined. Please register. Thursday, September 27, 6:30 - 7:30 pm

**PA DAY PROGRAMME: RHYTHM & RHYME (GRADES JK – 6)** Explore rhythm and rhyme in poetry, music and art! Join us for an hour of creative fun! Please register. Friday, September 28, 10:30 - 11:30 am

**FRIDAY BOOK CLUB (ADULTS)** Discussing Evergreen Titles. Please register. Friday, September 28, 1:00 - 2:00 pm

**STORIES & STROLLERS BOOK CLUB (ADULT) NEW!** Adult book club for parents/caregivers with young children. Will meet the first Tuesday of each month. Discussing "Where'd You Go Bernadette" by Maria Semple. Please register during September to pick up a book for discussion at the first meeting. Tuesday, October 2, 1:30 - 2:30 pm

### **TRIVIA CHALLENGE (ADULTS)**

Test your memory in a fun and interesting way! Join us for an informal round of trivia challenges. Please register. Wednesdays, October 3, 17 and 31, 2:00 - 3:00 pm



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Puslinch Branch Library (cont.) – Aug/Sept Programmes To register for programmes call 519-763-8026

### **ART FOR BEGINNERS (ADULTS)**

Thinking of trying a paint night, but feeling a little shy? Join us for a watercolour afternoon and test your talent there! No experience necessary. Materials supplied. Please register.

Tuesday, October 9, 1:30 - 3:00 pm

### **SCRABBLE CLUB (ADULTS)**

Join us for an afternoon of casual word building entertainment! No experience necessary. Please register. Wednesdays, October 10 and 24, 2:00 - 4:00 pm

### Puslinch Fire and Rescue Services

**50<sup>TH</sup> ANNIVERSARY.** Saturday, September 22<sup>nd</sup>, 2018 at 12:00pm to 4:00pm at the Fire Hall. All are welcome. Children's Safety Trailer, Bounce Castle, Pluggie the talking Fire Hydrant and more. Free hotdogs and hamburgers. Silent Auction raising funds for The Puslinch Fire Fighters Association. Dignitary speeches starting at 2pm. 7404 Wellington Road 34, Puslinch.

### Sunrise Therapeutic Riding & Learning Centre

**SUNRISE HOOFBEAT CHALLENGE.** Saturday, September 29. Ride your horse, walk your dog or hike on over 200 acres of marked trails (no road work) and raise funds Sunrise's therapy and recreation programs. Lunch voucher and goody bag for registrants. 9 AM - 1 PM. Check website for exact registration / start times for riders and walkers, registration and pledge sheets: [www.sunrise-therapeutic.ca/h hoofbeat/](http://www.sunrise-therapeutic.ca/h hoofbeat/) or call 519-837-0558 x32.

**VOLUNTEERS NEEDED:** Lesson volunteers to lead horse or 'sidewalk' in therapeutic riding lessons for children and adults with special needs. Must be 15+ years of age and able to commit 1.5 hrs of time / week. Day, evening or Saturday shifts available. Training provided. Please call Lynne at 519-837-0558 x31 or visit [www.sunrise-therapeutic.ca](http://www.sunrise-therapeutic.ca)