



# Aberfoyle Public School

16 Old Brock Road, Puslinch, ON N0B 2J0  
519-763-7040 @AberfoylePS



Welcome to April! Remember to check out our Twitter feed @AberfoylePS (<https://twitter.com/AberfoylePS>) for school activities. Ongoing information is also available on our website

[www.ugdsb.ca/aberfoyle/](http://www.ugdsb.ca/aberfoyle/).

All the best,  
Paul Tribe, Principal

### PA Days 2018

Please note for babysitting purposes that there is no school for students on the following days (All Fridays):  
April 27, June 8, June 29.

### Are You Moving?



To assist us with enrolment projections for September, please let Mrs. Warden know if you plan to move out of the Aberfoyle Public School attendance area.

In addition, should you know of any families moving into our area and planning to attend here in September, please ask them to give us a call at 519-763-7040.  
Thank you!

### Kindergarten Registration



If you are aware of families who might have children starting school, please have them contact us at 519-763-7040 or go to <https://www.ugdsb.ca/aberfoyle/> and click on the button marked

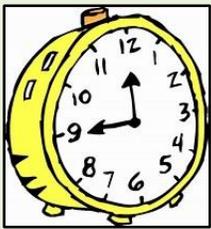
“Kindergarten Registration”. We are in the midst of staffing and planning for next year.

In addition, if you have not yet come into the school with the paperwork part of the registration, we would love to see you!

## APRIL ACTIVITIES

DATE	EVENTS
05	Chess Tournament – Community Centre
06	Me2We Bake Sale UGDSB Skills Competition, College Heights
10	School Council Meeting – Library Learning Commons
11	Gr. 4 Scientists in the Schools Gr. 5-6 to River Run
12	Regional Oratorical Contest. Good luck Liam!
13	Gr. 5/6 Scientist in the Schools
19	Gr. 1-2 to River Run
20	Wacky Hair Day Period 3 Colour Day Earth Day Clean-up
24	Gr. 6 Green Legacy Nursery Visit Gr. 7 Shots Gr. 3-4 to River Run
25	Gr. 3/4 & 5/6 Green Legacy Nursery Visit
26	Gr 4 & 5 Green Legacy Nursery Visit Gr. 7/8 Tree Planting
27	PA Day (No school for students)
30	Gr. 4 Focus on Nature Willy Wonka Rehearsal after school
May 2 & 3	6:30 PM - Wonka Kids: The Musical
May 4	Yearbook Order Deadline

### Arrival at School ... Timing is Everything!



This is a reminder to everyone that school begins at 8:30 AM. When children arrive late, they are required to obtain a late slip, and that lateness is recorded. When they then enter classes after school has commenced, there is

unavoidable disruption of the students who have already begun their work.

This is not directed at those who have occasional appointments, but towards those who arrive after the bell on a regular basis. Thanks very much.

### Wonka Kids: The Musical



Students have been practicing and working hard to get ready for the big nights on May 2<sup>nd</sup> and 3<sup>rd</sup>.

Later in April there will be information coming

home giving you details about how to purchase tickets and choose show nights.



Participating in the Aberfoyle School Council is a great way to learn about what is happening in our school, news regarding academic strategies and ways for you to support the students in the school. Please consider joining the council and show your support for Aberfoyle PS.

The next meeting will be on Tuesday April 10th at 6:30pm in the Library Learning Commons.

Here is the link to our Aberfoyle School Council Facebook group.

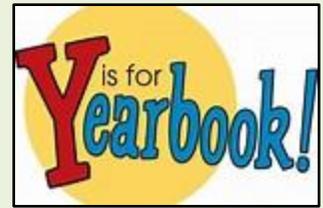
<https://www.facebook.com/groups/1509233629393288/>

If you would like to see the most recent minutes, just check out the Facebook page or our website

<http://www.ugdsb.ca/aberfoyle/>.

### Aberfoyle Yearbook is on Sale!

We are very excited to offer our 2017-2018 school yearbook. It is in full colour and includes all of the year's best memories. Our yearbook provider is Lifetouch.



- ✓ The yearbook is available to order online until May 4, 2018. You can purchase them at <https://ybpay.lifetouch.com>.
- ✓ The yearbook is available in both soft and hard cover issues. There are only 50 hard cover books available to purchase, so please do not delay.
- ✓ Prices are in Canadian funds. Soft cover issues are \$25.00 and hard cover issues are \$35.00.
- ✓ Our school access code is: 13146018.
- ✓ Finally, the yearbooks will be delivered during the last week of school. Don't miss out on this wonderful keepsake of your yearbook at Aberfoyle Public School. Go online today!

### Puslinch Optimist Oratorical Competition



On March 27, 2018, five of our students from Grades 6 to 8 competed in the Zone Competition for the Optimist International Oratorical Contest at the Puslinch Community Centre. Kendra T, Liam D, Athena R, Jaden O, Jacob L presented their award winning speeches to the Puslinch Optimist members. Each individual student demonstrated poise, confidence, and a passion for the topic: *What Are My Roots of Optimism*. The judges for the Puslinch Optimist Oratorical Competition awarded 2nd place to Jacob Lin and 1st place to Liam Derderian.

Way to go, ACEs! Congratulations to all of our participants for your dedication and effort! We are so proud of you all!

## Upper Grand ETFO Chess Tournament Yields A Range of Results for Aberfoyle Players



Our 12 chess team members participated in the Upper Grand ETFO Chess tournament on April 5, at the Puslinch Community Center. There were 153 players from 14 public schools across the Upper Grand District who played in this chess tournament. Aberfoyle team members placed 1st and 2nd in the grade 1 group, 1st in the grade 2 group, 8th and 9th in the grade 3 group, 11th in the grade 4 group, 9th in the grade 5 group and 4th and 5th in the grade 6 group. There were 72 participants in the intermediate grades, a number that generated more ranks and a wider range of placements for our intermediate players. Among the 22 grade 7 competitors, our grade 7s placed 12th and 16th. From the list of 50 grade 8 competitors, our grade 8s placed 6th and 18th.

Since Aberfoyle School hosted the event, five score keepers from our primary and junior divisions provided valuable help recording scores right after matches to keep the tournament operating at a good pace. The efforts of this group were one of the reasons why we were able to complete five rounds of play in four hours. Four adult volunteers and several players provided much needed help with furniture set up and take down. Many thanks to all involved for a great day of chess to finish a good chess season at Aberfoyle School.

## UGDSB Skills Event a Success!

Congratulations to all teams who competed in last Friday's Skills Canada Competitions. All teams represented our school with pride.



We are very proud of our Intermediate Lego Mechanics Team who won gold. This team will represent our school and our Board in Toronto at the Provincial Competitions early next month. The members are Sydney Coolman, Liam Derderian, Jocelyn Grant and Zain Patel. Congratulations!

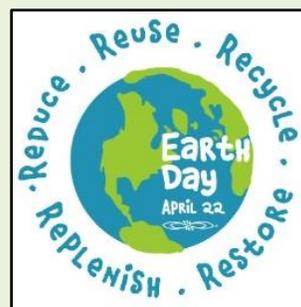
A big thank you goes to Mr Skeoch, Mr. Hawkins and Mme. Duncan-Martyn.

## Monthly environmental activities to help celebrate our planet

April 22nd is Earth Day!



*"Look deep into nature, and then you will understand everything better." - Albert Einstein*



Celebrate Earth Day on April 22nd!

Founded in 1990, Earth Day Canada inspires people of all ages across the country to connect with nature and build resilient communities as well as foster an intrinsically motivated,

enduring commitment to stewardship and conservation.

<https://earthday.ca/about/>

## Earth Day 2018 Theme: End Plastic Pollution

From poisoning and injuring marine life to disrupting human hormones, from littering our beaches and landscapes to clogging our waste streams and landfills, the exponential growth of plastics is now threatening the survival of our planet. Earth Day 2018 is dedicated to providing the information and inspiration needed to fundamentally change human attitude and behavior about plastics. <https://earthday.org>

### Ideas for your family to celebrate Earth Day:

- Get involved with Earth Day 2018's Theme <https://www.earthday.org/yourjourney2018/>. Download your Plastic Pollution Primer to learn more about this problem and act to help End Plastic Pollution!
- Spend a day outside. In the garden with your family, plant vegetables, trees or native flowers and attract native animals and pollinators. Or join a local community event to help clean your neighbourhood or restore local plant life.
- Make commitments to cut down on your energy usage as well as waste. Turn lights off, power down electrical devices, turn down your thermostat and only do full loads of laundry and dishes. Always bring cloth bags when shopping, refuse to buy over packaged products, and lug a mug instead of using non-recyclable coffee cups.
- Learn more about the environment and the effects of global warming. Encourage awareness and promote the Reduce, Reuse and Recycle way of life.

Remember that every day is Earth Day! Don't restrict yourself to just one day a year. Make environmental actions and caring about the planet a habit - on Earth Day and every day.

### Talking About Mental Health – April 2018 Spring Clean Your Mental Health!



It's Spring! Flowers blooming, birds chirping, sun shining. There is nothing quite like it. Often we Spring

Clean our homes – tuck winter away, clean out the cobwebs and get ready for summer. Spring is a time of renewal. Why not use this momentum for a mental health renewal?

### *Let the sun shine in ...*

Try and 'spring clean' your emotional and mental spaces this month. Get rid of emotional debris that is no longer serving you. Here are some ideas to help get you started on your mental health Spring Clean.

- Focus on things that make you happy and give you a clear, fresh state of mind.
- Start a Journal Writing can help articulate your thoughts, clear your emotional space and help put things into perspective. Try having a family journal time where once a week everyone journals/records their thoughts and feelings. This can help clear your mind of clutter and also get things out of your mind and onto paper. Don't worry about punctuation or spelling – it's just for you.
- Be Aware of Your Thoughts. Sometimes we don't even notice the negative things we say to ourselves. Try to notice your thoughts and reframe thoughts into kindness. Instead of "We never have time to sit down as a family for dinner" try "When we sit down as a family for dinner it is such a treat". We are careful of how we speak to others but often not so careful about how we speak to ourselves. Practice your own self compassion this month.
- Enhance Your Physical Health. Physical wellness is a big part of maintaining mental well-being. Exercise, sleep and eating well all contribute to positive well-being. Try replacing soda or coffee with herbal tea. Try going for a nature walk or scavenger hunt with the family. Yoga, Pilates and mediation can also enhance both your emotional and physical well-being.

Remember, each day is fresh start – just like Spring. Have a great April!

*Jenny Marino, Mental Health and Addictions Lead  
Upper Grand District School Board*

### Safe Arrival Program

If your child is going to be late or absent, please call the school at 519-763-7040, press extension 100, and leave a message. In order to ensure the safety of your children, if your child is marked absent and you have not called, we will call you. If there is any change in

your child's end-of-day routine, please write a note in your child's agenda in the morning and Mrs. Warden will get that information from the classroom teacher.

### Safe Departure

**Please send authorization in writing** if someone other than the legal guardian is going to pick your child up from school. The authorized adult may also be asked for photo identification.

If it is necessary for a child to leave early, or to leave for a period during the day for an appointment, a note must be sent to the teacher. For the safety of your child, we request that you come into the school to **sign him/her out at the office**. We cannot send students out to waiting cars.

*Please also remember to sign your child off the bus using the bus lists located in the foyer if they are not taking the bus home. We appreciate your efforts to keep all students safe.*

### Life-Threatening Allergies

We have children in our school with potential life-threatening allergies to various foods and other materials called anaphylaxis. This is a medical condition that causes a severe reaction to food or other materials, and can cause death within minutes. In recent years, anaphylaxis has increased dramatically among students.

Although this may not affect your child's class directly, we are letting you know so that you may refrain from sending foods to the school that contain tree nut and nuts, including peanuts. We aim to create an allergy safe environment at our school.

If your child is in a classroom with an anaphylactic child, or your child has anaphylaxis, you will be contacted by the classroom teacher.

Our school has procedures in place to help manage anaphylactic reactions. If your child has health concerns of any kind, please tell your child's teacher or the office and we will take the necessary health protection steps.

**Strong scents** such as perfumes and certain deodorants can cause an allergic reaction in some of our students and staff who experience sensitivity to these products. Please be considerate of others in the

building and try to use scent free products. Our noses thank you!

### An Alternative to Fundraising



Sometimes, rather than getting involved with fundraisers, people

choose to support their school by giving to the **Upper Grand Learning Foundation**.

Donations of \$20 or more to your **School Fund** receive a tax receipt. Donate through the [UGLF website](http://www.uppergrandlearningfoundation.com) at [www.uppergrandlearningfoundation.com](http://www.uppergrandlearningfoundation.com)

Many of the new items in our Library Learning Commons were made possible as a direct result of donations to the Upper Grand Learning Foundation.

### Feedback Welcome on Draft Board Policies

The Upper Grand District School Board is welcoming public input on draft policies. Currently under review are the following draft policies:

**214 – Accessibility Standards**

**518 – Students with Life-Threatening Medical Conditions (Anaphylaxis, Asthma, Diabetes, Epilepsy/Seizure Disorder)**

These policies are important to students, parents, staff, school councils, community partners and members of the local community because ensuring people with disabilities have access to services through the accommodation of their disability-related needs and supporting a student with a life-threatening medical condition in the school requires the cooperation of the entire school community.

You are invited to review the draft documents and submit online feedback at [www.ugdsb.ca/board/policy](http://www.ugdsb.ca/board/policy). **The deadline for public input is April 26, 2018** at 4 p.m. EST. Persons without internet access may call 519-822-4420 (or toll-free 1-800-321-4025) ext. 723 to request a printed copy of the draft documents.

### Explicit Consent

Canada's Anti-Spam Legislation (CASL) came into force on July 1, 2014. As a result, the Upper Grand District School Board, would like to ensure that we have your consent to receive newsletters, school and Board

updates, announcements, event invitations, and other electronic messages.

Some of these messages may contain advertising or promotions regarding school fundraisers, field trips, the sale of yearbooks, student pictures, or similar events.

**If you wish to receive the above communications from us, please visit our CASL registration website at: [www.ugdsb.on.ca/CASL](http://www.ugdsb.on.ca/CASL)**

If you have any questions or if you wish to withdraw your consent at any time, please click the link at the bottom of email messages you receive from the school, or visit the same site and click on "Unsubscribe" to remove your name from our contact list. For additional information on Canada's Anti-Spam Legislation you may visit our board's website at [www.ugdsb.on.ca](http://www.ugdsb.on.ca).

**Puslinch Library: April Activity**

**Story Time (5 years and under)**

Our Story Times are created to help your child get ready for reading. Share stories, songs, rhymes, and activities aimed at developing your child's early literacy skills. Parents and caregivers are encouraged to participate. Ages 5 and under with a caregiver. Please register.



Thursdays, April 5, 12, 19, 26, 11:00 - 11:45 am

**PA Day Programme: Cricut Creations (Grades 1 – 6)**

Use a Cricut electronic cutting machine to create and embellish a Mother's Day card! Please register.

Friday, April 27, 10:30 - 11:30 am

**Monica North-Gibbons, MLIS**

Branch Supervisor  
Puslinch Branch – Wellington County Library  
E: [monican@wellington.ca](mailto:monican@wellington.ca)

**School Bus Safety**

Now that the weather has begun to change(again!) it is very important that the driver is allowed to focus on the job of driving children safely to and from school. Most children do sit very well and understand that if



the driver is looking in the rear-view mirror to check on noise, he or she is not as focused on the road.



Celebrating customs and traditions from all around the world is what we love to do!

If you would like to help us celebrate these events or have a day of significance to add, please contact your child's teacher or Mr. Tribe. We welcome any suggestions. It would be great to hear from you!

April		Faith
1	Easter Sunday	Christianity
2	Easter Monday	Christianity
2	World Autism Day	
7	World Health Day	
11	International Day of Pink	
12	Yom HaShoah	Judaism
13	Vaisakhi (Sikhism)	Sikhism
21	First day of Ridvan	Baha'i
22	Earth Day	United Nations
24	Armenian Genocide Memorial Day	
27	International Day of Silence	
28	National Day of Mourning	
29	Ninth Day of Ridvan	Baha'i

**Information from Public Health**

***Free dental care for children age 17 and under***

If you can't afford dental care, Public Health has free services for your children. At our dental clinics, we help children prevent cavities and disease. We also make sure that children with cavities and other urgent problems get the treatment they need.

For more information about our dental services, call our Dental Line at 1-800-265-7293 ext. 2661 or visit [www.wdgppublichealth.ca](http://www.wdgppublichealth.ca)

