



Aberfoyle Public School

16 Old Brock Road, Puslinch, ON N0B 2J0
519-763-7040 @AberfoylePS



Welcome to May! Remember to check out our Twitter feed @AberfoylePS (<https://twitter.com/AberfoylePS>)

for school activities. Ongoing information is also available on our website www.ugdsb.ca/aberfoyle/.

All the best,
Paul Tribe, Principal

PA Days 2018

Please note for babysitting purposes that there is no school for students on the following days (All Fridays):
June 8, June 29.

Are You Moving?



To assist us with enrolment projections for September, please let Mrs. Warden know if you plan to move out of the Aberfoyle Public School attendance area.

In addition, should you know of any families moving into our area and planning to attend here in September, please ask them to give us a call at 519-763-7040. Thank you!

Kindergarten Registration



If you are aware of families who might have children starting school, please have them contact us at 519-763-7040 or go to <https://www.ugdsb.ca/aberfoyle/> and click on the button marked "Kindergarten Registration". We are in the midst of staffing and planning for next year.

In addition, if you have not yet come into the school with the paperwork part of the registration, we would love to see you!

MAY ACTIVITIES

DATE	EVENTS
06	Yearbook Online Ordering Shuts Down.
08	6:30 PM – School Council
10	5:00 – 7:00 PM Passion Project Presentations
11	Intermediate Badminton Tournament 9:00 Kindergarten Family Spring Concert PM – Grade 5 Sharks Swimming
15	Junior Floor hockey Tournament
16	KB Scientist in the Schools Intermediate Gauss Math Contest
21	Victoria Day – No School
22	Junior Ultimate Frisbee
23	Grade 7/8 Scientist in the School EQAO Gr. 3 & 6 Gr. 4 Museum Trip
24	EQAO Gr. 3 & 6 Intermediate School Track Gr. 7/8 Scientist in the School
25	Int. School Track Rain Date EQAO Gr. 3 & 6 Look Alike / Twin day PM - Grade 5 Sharks Swimming
28-30	EQAO Gr. 3 & 6
31	EQAO finish-up Gr. 3&6 Gr. 4 Medieval Times – Puslinch community Centre
June 1	EQAO finish up Gr. 3&6 PM – Grade 5 Sharks Swimming

Is your child going to be late or absent?

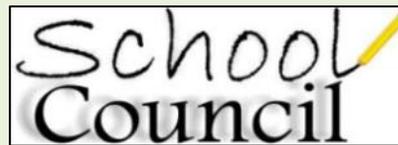
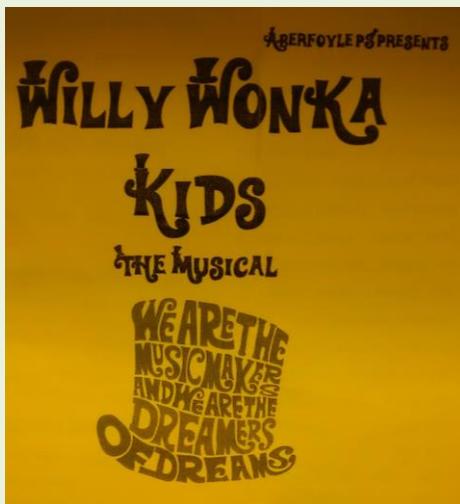
If so, please call the school at **(519) 763-7040, extension 100**. Otherwise we have to call you.

Reminder: School starts at 8:30 AM.

Thanks!

Willy Wonka Kids: The Musical

This was a wonderful experience for students and staff. A special thanks goes to Mrs. Gray who headed up a team of staff members and students to ensure every detail was addressed. The performances were well-attended and, according to comments made, were enjoyed a great deal.



Participating in the Aberfoyle School Council is a great way to learn about what is happening in our school, news regarding academic strategies and ways for you to support the students in the school. Please consider joining the council and show your support for Aberfoyle PS.

The next meeting will be on Tuesday May 8th at 6:30pm in the Library Learning Commons.

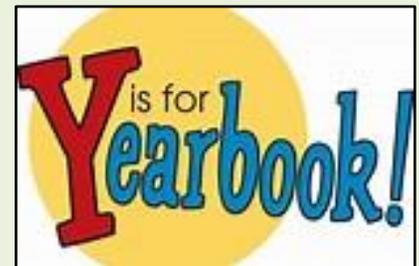
Here is the link to our Aberfoyle School Council Facebook group.

<https://www.facebook.com/groups/1509233629393288/>

If you would like to see the most recent minutes, just check out the Facebook page or our website <http://www.ugdsb.ca/aberfoyle/>.

Aberfoyle Yearbook: Last Few Days to Buy One!

We are very excited to offer our 2017-2018 school yearbook. It is in full colour and includes all



of the year's best memories. Our yearbook provider is Lifetouch.

- ✓ The yearbook is available to order online until **May 6, 2018**. You can purchase them at <https://ybpay.lifetouch.com>.
- ✓ The yearbook is available in both soft and hard cover issues. There are only 50 hard cover books available to purchase, so please do not delay.
- ✓ Prices are in Canadian funds. Soft cover issues are \$25.00 and hard cover issues are \$35.00.
- ✓ Our school access code is: 13146018.

- ✓ Finally, the yearbooks will be delivered during the last week of school. Don't miss out on this wonderful keepsake of your yearbook at Aberfoyle Public School. Go online today!

Talking about Mental Health

May 7-11 is Child and Youth Mental Health and Well-being Week!



Child and Youth Mental Health and Well-being Week is about promoting mental wellness, increasing awareness of child and youth mental health, decreasing stigma and understanding that support is available. Let's improve everyone's mental health and well-being!

The theme for Child and Youth Mental Health and Well-being at UGDSB is: Have a **SUPER** Week!

Social Connections

Understanding Emotions

Personal Health

Empathy

Resilience

Each day of the week will focus on a different aspect of Mental Health and Well Being. The schools will be provided with resources and activities related to each day's theme.

As a parent, you can increase the Mental Health and Well-being of your children, youth and family too! Here are some suggestions:

- **Monday May 7 -Social Connection** - ``Don't be shy. Just say hi!``
 - Say Hi to 3 people that you do not know. Perform a random act of kindness.
- **Tuesday May 8 – Understanding Emotions** – “Sad, glad, happy, mad – just be you”

- Right now, stop and reflect on how you are feeling. Take a couple of moments as a family to do some deep breathing.

<http://youth.anxietybc.com/how-do-it> Now, how are you feeling?

- **Wednesday May 9 – Personal Health** - “Healthy Self. Heal-ty self”.
 - **Wear green today to support Mental Health Awareness.**
 - Did you know that how our bodies feel affects how good we are feeling? Three of the best things you can do to improve your mood is to exercise, sleep well and eat well. Go for a walk or play a game, get outside, turn off the devices an hour before bed and eat fresh food! The more you do to help your body feel good, the better you will feel!
- **Thursday May 10 – Empathy** - “Be somebody who makes everybody feel like a somebody”.
 - When in doubt – be kind. Try seeing something from another person's perspective today.
- **Friday May 11 – Resilience** - “If Plan A doesn't work, the alphabet has 25 more letters!”.
 - Mental Health and Well-being means coping with the ups and downs of day to day life. Building more resilient thoughts and skills can really help. Children and youth can also find support by seeking help from caring adults. Take time now to talk with child or youth about who those caring adults are in their lives.

For more information about Mental Health and Well-being and interactive activities with your children and youth:

Mind your Mind (online)

www.mindyourmind.ca/Interactives

Fun, interactive options for de-stressing for youth.

Smiling Mind (Free App) smilingmind.com.au/

An app that guides you through simple, calming meditations.

GoNoodle (Free App) <https://www.gonoodle.com/>

Fun interactive body and mind breaks for kids.

At the end of the week, talk with your child/youth about the things that made them feel more connected, emotionally aware, healthy, empowered and resilient and continue to do those things every day!

Most of all... have a SUPER week!

Jenny Marino is the Mental Health and Addiction Lead for Upper Grand District School Board

French as a Second Language Newsletter



In education we strive to teach our students how to become effective communicators so that

they are successful in their future endeavours whether in English, French or any other language. Oral communication skills in French including listening, speaking, and interacting, are not unlike oral communication skills in your first language, however, oral communication in French does require attention to a different sound system, new vocabulary and at times an understanding of contexts or cultures that may differ from those of your first language.

How do educators teach oral communication in a second language to a diverse group of students that are at different stages in their oral language development?

Teachers know that the acquisition of oral language typically follows a developmental sequence. They understand that students need to hear the language repeatedly before they will begin to speak it. When students enter immersion or core programs they typically do not have an oral

foundation in French. This foundation is created through an emphasis on listening and speaking in authentic contexts to build vocabulary and learn various forms of the language so that students can understand and convey meaning. Hearing and using high frequency words and expressions, learning vocabulary in context, building phonemic awareness, creating environments rich in talk, as well as engaging students in listening activities are all strategies used by teachers to support students in becoming confident oral communicators.

Teachers also support students by modelling effective oral communication, guiding students through oral communication activities, and providing many opportunities for students to practice oral language. As students enter immersion and core French programs they are beginners in the language and diverse in the skills they bring to school. Teachers provide high structure and meet students at their developmental stage to best support and move students forward in their language learning.

How can parents support student oral communication at home when they don't speak French?

One way to do this is to speak with and listen to your child in their first language. In the Ontario Ministry of Education document "Supporting your Child's Success in French Immersion and Extended French - A Parent Guide" it states "Helping your child develop a broad vocabulary in English, or the language you speak at home, has added benefits. It helps develop thinking skills, teaches your child to communicate with precision and provides more opportunities to make connections with French."

Research also shows that oral communication skills are transferable across languages. For example, understanding how to vary volume, pace and vocabulary to suit a purpose and an audience is a skill that is transferable to French.

Another way to support and motivate your child is

to help them see that French exists outside of the classroom. Watching French television, listening to French radio, borrowing French DVDs and materials from the library and travelling to French speaking regions are all ways to experience French outside of the educational context.

What happens when students are not moving forward in their oral language development or parents have concerns about student progress?

Discussing your concerns as soon as they arise by speaking with your child's teacher and then examining appropriate courses of action and supports as a team are important first steps.

It is important to remember that a student who struggles to communicate orally in French can achieve a level of proficiency **and that supports should be explored before considering more drastic measures.** French as a second language programs are for all students. Promoting this belief helps to create a supportive environment where students feel more confident and can be successful.

Further Reading:

1. Capacity Building Series. "Teaching and learning in the Core French Classroom". The Ontario Ministry of Education.
http://www.edu.gov.on.ca/eng/literacynumeracy/inspire/research/CBS_Core_French.pdf
2. Capacity Building Series. "Let's Talk about Listening". The Ontario Ministry of Education.
http://www.edu.gov.on.ca/eng/literacynumeracy/inspire/research/Talk_about_listening.pdf
3. What Works? Research into Practice. "Supporting Early Language and Literacy. Dr. Janette Pelletier OISE, University of Toronto. The Literacy and Numeracy Secretariat.
http://www.edu.gov.on.ca/eng/literacynumeracy/inspire/research/WW_Early_Language.pdf

Monthly Environmental Activities to help celebrate our planet

May 22nd is International Biodiversity Day!



It is vital to teach our children to respect and take care of the environment.

Celebrate Biological Diversity Day on May 22nd!

The United Nations has proclaimed May 22 The International Day for Biological Diversity to increase understanding and awareness of biodiversity issues.

Biodiversity simply means: 'A wide range of life' Some of the things we do are harmful, so we need to learn more about how to protect all the different types of life on our planet.

Ideas for your family to celebrate Biodiversity Day!

- Visit farmers markets in your local area to try new types of produce. Whether you incorporate heirloom tomatoes into your cooking, or try one of the rainbow of colors of carrots, biodiversity can bring a great new experience to your table.
- View photos of endangered species on the Internet with your child and discuss the reasons why these animals are threatened and why they should be protected.
- Join a community group and help to remove invasive plants from your local environment.
- Get out into the world and enjoy all the different types of life your local area offers.



Even your street or a local park can have an amazing variety of life you've never noticed, from insects, birds, chipmunks, to trees and flowers.

- *Consider planting a pollinator garden in your yard (or in a flowerpot) to help save the bees and butterflies from declining.*

Adapted from:

<https://www.daysoftheyear.com/days/international-day-for-biological-diversity/>

Celebrate the diversity of our natural world every day!

Safe Arrival Program

If your child is going to be late or absent, please call the school at 519-763-7040, press extension 100, and leave a message. In order to ensure the safety of your children, if your child is marked absent and you have not called, we will call you. If there is any change in your child's end-of-day routine, please write a note in your child's agenda in the morning and Mrs. Warden will get that information from the classroom teacher.

Safe Departure

Please send authorization in writing if someone other than the legal guardian is going to pick your child up from school. The authorized adult may also be asked for photo identification.

If it is necessary for a child to leave early, or to leave for a period during the day for an appointment, a note must be sent to the teacher. For the safety of your child, we request that you come into the school to **sign him/her out at the office**. We cannot send students out to waiting cars.

Please also remember to sign your child off the bus using the bus lists located in the foyer if they are not taking the bus home. We appreciate your efforts to keep all students safe.

Life-Threatening Allergies

We have children in our school with potential life-threatening allergies to various foods and other materials called anaphylaxis. This is a medical condition that causes a severe reaction to food or other materials, and can cause death within minutes. In recent years, anaphylaxis has increased dramatically among students.

Although this may not affect your child's class directly, we are letting you know so that you may refrain from sending foods to the school that contain tree nut and nuts, including peanuts. We aim to create an allergy safe environment at our school.

If your child is in a classroom with an anaphylactic child, or your child has anaphylaxis, you will be contacted by the classroom teacher.

Our school has procedures in place to help manage anaphylactic reactions. If your child has health concerns of any kind, please tell your child's teacher or the office and we will take the necessary health protection steps.

Strong scents such as perfumes and certain deodorants can cause an allergic reaction in some of our students and staff who experience sensitivity to these products. Please be considerate of others in the building and try to use scent free products. Our noses thank you!

An Alternative to Fundraising



Sometimes, rather than getting involved

with fundraisers, people choose to support their school by giving to the **Upper Grand Learning Foundation**.

Donations of \$20 or more to your **School Fund** receive a tax receipt. Donate through the [UGLF website](#) at

Many of the new items in our Library Learning Commons were made possible as a direct result of donations to the Upper Grand Learning Foundation.

Feedback Welcome on Draft Board Policies

The Upper Grand District School Board is welcoming public input on draft policies. Currently under review is:

Policy 501 – Out of Area and Out of District Attendance

It is important for students, staff, school councils and parents to understand when and how applications for out of area and out of district attendance are considered while the board continues to maintain viable programs in all schools.

You are invited to review the draft documents and submit online feedback at www.ugdsb.ca/board/policy. **The deadline for public input is May 24, 2018** at 4 p.m. EST. Persons without internet access may call 519-822-4420 (or toll-free 1-800-321-4025) ext. 723 to request a printed copy of the draft documents.

Explicit Consent

Canada's Anti-Spam Legislation (CASL) came into force on July 1, 2014. As a result, the Upper Grand District School Board, would like to ensure that we have your consent to receive newsletters, school and Board updates, announcements, event invitations, and other electronic messages.

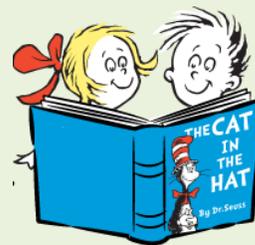
Some of these messages may contain advertising or promotions regarding school fundraisers, field trips, the sale of yearbooks, student pictures, or similar events.

If you wish to receive the above communications from us, please visit our CASL registration website at:

If you have any questions or if you wish to withdraw your consent at any time, please click the link at the bottom of email messages you receive from the school, or visit the same site and click on "Unsubscribe" to remove your name from our contact list.

For additional information on Canada's Anti-Spam Legislation you may visit our board's website at www.ugdsb.on.ca.

Puslinch Library: May Activity



STEAM Story Time (5 years and under)

Bring your preschoolers to explore Science, Technology, Engineering, Arts and Math using stories and hands-on activities. Parents and

caregivers are encouraged to participate. Please register.

Thursdays, May 3 - June 7, 11:00 am - 12:00 pm

Monica North-Gibbons, MLIS

Branch Supervisor

Puslinch Branch – Wellington County Library
29 Brock Road South, Puslinch ON N0B 2J0

E: monican@wellington.ca

W: <http://www.wellington.ca/Library>

School Bus Safety

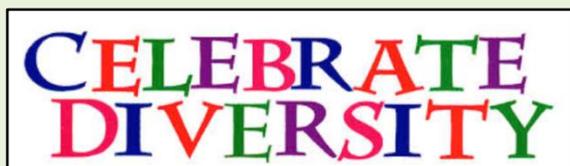
Now that the weather has begun to change(again!)



it is very important that the driver is allowed to focus on the job of driving children safely to and from school. Most children do sit very well and understand that if the driver is looking in the rear-view mirror to check on noise, he or she is not as

focused on the road.

Our Intermediate Floor Hockey Teams!



Celebrating customs and traditions from all around the world is what we love to do!

If you would like to help us celebrate these events or have a day of significance to add, please contact your child's teacher or Mr. Tribe. We welcome any suggestions. It would be great to hear from you!

Days of Significance - May 2018

May 1	Beltane	Wicca/Pagan
May 1	Nisfu Shaban	Islam
May 2	Twelfth Day of Ridvan	Baha'i
May 3	Vaisakhi Puja (Buddha's Birthday)	Buddhism
May 10	Ascension Day	Christianity Eastern Orthodox and Western
May 15	International Day of Families	United Nations

May 16 to June 14	Ramadan	Islam
May 17	International Day Against Homophobia and Transphobia	Grassroots LGBTQ
May 20	Pentecost	Christianity
May 20	Shavuot	Judaism
May 21	Queen Victoria Day	Public Holiday
May 24	Declaration of the Ba'b	Baha'i
May 25	African Liberation Day	Rastafarian
May 27	Pentecost (J)	Christianity
May 29	The Ascension of Baha'u'llah	Baha'i
May 29	Tibetan Buddha's Enlightenment (Saga Dawa)	Buddhism
May 29	Wesak or Vesak (Buddha's Birthday)	Buddhism/Tibetan
May 31	World No Tobacco Day	World Health Organization

Information from Public Health

Free dental care for children age 17 and under

If you can't afford dental care, Public Health has free services for your children. At our dental clinics, we help children prevent cavities and disease. We also make sure that children with cavities and other urgent problems get the treatment they need.

For more information about our dental services, call our Dental Line at 1-800-265-7293 ext. 2661 or visit www.wdgpUBLICHEALTH.ca